



Official/Unofficial & Open RUNCORN TETRATHLON

87 Warrigal Road, Runcorn, Qld.

PIC: QBBB0697



5th October 2024

Saturday 5th October

6.30am Gates Open
7:00am Course Walking & Canteen open
8:00am Start

Entry Fees	\$35	Per Individual competitor (class 1-6)
	\$10	Ambulance Levy per rider only
	\$20	Triathlon (Class 7)
	\$20	PCQ Day Membership
	\$10	Per person per team (Class 8-10) (\$5 per person if entered in the individual event)
	\$15	Powered campsite per family per night
\$15	Per stable/yard per day	

Entries Nominations via Nominate. Entries Close: 30/9/2024

Enquires treasurer@runcornponyclub.org.au

Chief Steward Amanda Taylor

Officials Technical Delegate – Christine Topalov

Awards **Official & Unofficial-** Prizes for Champions & ribbons to 5th
Teams- Prizes for winning teams

Pool: Acacia Ridge State School Swimming Pool
Nyngam St, Acacia Ridge
(approx 15mins from club grounds)

Thanks to our Sponsors:



CLASSES (NOTE: Age is as at 1 Jan 2024)

OFFICAL:	Age	Run	Swim to time	Jump heights	Shoot
Class 1 Mini	6 & Under	250m	30secs	40,50 OR 60cm	3m 1 or 2 hands
	7-9 years	500m	40secs	40,50 OR 60cm	5m 1 or 2 hands
Class 2 Sub Junior	Sub-Junior (10-12yrs)	1km	1min 20sec	40, 50, 60 OR 75cm	7m 1 or 2 hands
Class 3 Junior	Junior (13-16yrs)	2km	2mins 30secs	50, 60, 75, OR 85cm	10m 1 hand
Class 4 Senior	Senior (17 – 25yrs)	2km	2mins 30secs	60, 75, 85 OR 95cm	10m 1 hand
Class 5 Masters	26 – 50 years	2km	2mins 30secs	60, 75, 85 OR 95cm	10m 1 hand
	51 years +	1km	1min 20secs		
Unofficial					
Class 6 Assisted	Any Age Assisted Tetrathlon	As per age	As per age	X-rails	As per age
Class 7 Triathlon	Any age Triathlon (Run, Swim, Shoot)	As per age	As per age	N/A	As per age
Teams					
Class 8	Family Team	2 competitors per team – 2 Phases each A competitor can be in numerous teams Compete as per age group rules Give your team a cool name			
Class 9	Club/Zone Team				
Class 10	Any age				

TEAMS

- The team events will run in conjunction with the individual events. A competitor can enter in both the individual event and the team event. If competing in both, the score from the individual entry will count towards the team's score.
- A competitor may enter in a team only, they do not have to do the individual event as well.
- Teams consist of 2 team members – they each do 2 phases to count towards their overall score.
- Competitors must pre-nominate which 2 phases they are doing.
- Competitors can be in multiple teams.
- Parent/child/sibling team must be from the same family.
- Non- PCQ members can compete in the riding phase, however, will need to pay for PCA day membership of \$20 and signed waiver required to compete.

SCORING:

Choose your Jumping Height:

Max Points available 1400.

Rider may select a lower jumping height however, will result in a lower available max points.

Class	A - Max Points	B - Max Points	C - Max Points	D - Max Points
Any Age Assisted	X-rails cm = 1100			
Minis	60cm = 1400	50cm = 1200	40cm = 1000	
Sub juniors	75cm = 1400	60cm = 1200	50cm = 1000	40cm = 800
Juniors	85cm = 1400	75cm = 1100	60cm = 900	50cm = 700
Seniors	95cm = 1400	85cm = 1200	75cm = 900	60cm = 700
Masters	95cm = 1400	85cm = 1200	70cm = 900	60cm = 700

Note: Non PCQ members require PCQ day Membership to compete in the riding phase.

RUNNING

Optimum times earning 1100 points are:

Age Group	Distance	Boys	Girls	Penalties
Under 7	250m	0:45	0:45	± 6 pt/sec
7-9 yrs	500m	1:30	1:30	± 6 pt/sec
10-12yrs	1000m	3:40	3:45	± 6 pt/sec
13-16yrs	2000m	7:30	8:00	± 4.5 pt/sec
17-25 yrs	2000m	7:20	8:00	± 4.5 pt/sec
26-50 yrs	2000m	8:00	8:00	± 4.5 pt/sec
51+	1000m	3:45	3:45	± 6 pt/sec

SWIMMING

Optimum times earning 1100 points are:

Age	Optimal Distance	Gender	Time	Penalties earned/ metre
Under 7	25m	All	30 secs	44pts/m
7-9 years	50m	All	40 secs	22pts/m
10-12 years	100m	All	1 min 20s	11pts/m
13-16 years	200m	All	2min 30s	5.5pts/m
17 – 25 years	200m	All	2min 30s	5.5pts/m
26-50 years	200m	All	2mins 30s	5.5pts/m
51+	100m	All	1 min 20s	11pts/m

Competitors will be required to swim for a set length of time. A signal (Horn or Whistle etc) will indicate when the time is up. Marshalls will follow competitors up and down the length of the pool until the signal is given. They will stop in line with where the competitor is at the time of the signal and the distance swum in the allocated time measured.

SHOOTING

- Under 7yr olds will shoot at 3m - 1 or 2 hands
- 7-9 Year olds will shoot at 5m - 1 or 2 hands
- 10-12 year olds will shoot at 7m - 1 or 2 hands
- 13 years to 51+ will shoot at 10m - 1 hand

RULES/INFORMATION

- As per the PCA (Pony Club Australia) 2023 National Tetrathlon rules with a few scoring modifications to create the unofficial classes. Please read the 2023 [Tetrathlon Rulebook](#) and the [2024 Addendum](#)

UNIFORM:

- Formal Club uniform to be worn for the riding phase and presentation.
- BIBS: Bibs provided lost bibs will be charged for.
- The shooting phase is club uniform, club polo shirt or sport shirt for non PCQ members..
- Footwear for shooting is to be sneakers that don't cover the ankle.
- Swimsuits to be 1 piece – no bikinis.
- Running preferably the club polo or a running shirt in your club colour but is not compulsory. No crop tops.
- For specific phase requirement details see rules.

PRESENTATION:

- All riders are required to stay for the presentation, unmounted and in club uniform.
- DRAW: The final copy of the draw will be emailed out. Please listen for scratchings/changes on the day.
- 1 horse 1 rider – 1 rider 1 horse for Tetrathlon

GENERAL INFORMATION:

- Age is as at 1 Jan 2024 (to match PCA rules).
- The riding phase will include a mixture of show jumps, a gate, and a sliprail. Note some obstacles may be adapted for Unofficial mini riders.
- No rider is to have their phone whilst mounted, using phones whilst mounted will be eliminated for the day.
- Powered Camping available.
- Uncovered yards available. Can BYO shavings but must be left shavings, hay and manure free.
- **TRANSPORT TO SWIMMING POOL:** Horses cannot be left at floats without vehicles attached. Organise your own transport/car-pooling to the swimming pool prior to the event.
- Horse Health Declarations to be handed in prior to the start of the event.
- Refunds will be made providing the organizing body is advised of the scratching before the commencement of the event and a written request including a vet or doctor's certificate is sent to the organizing committee within a week of the event: A 10% administration fee may be retained. If the event is cancelled due to rain, nominate will withhold their fees.
- **HELPERS: One event helper per family is mandatory.** By nominating you are also agreeing to help with an appropriate event role assigned by the committee, if helpers miss their allocated role and do not find a replacement the associated competitor will ride HC and not receive a qualifier.
- No dogs allowed in the competition area, all dogs must be on a lead at all times
- **GEAR CHECK:** Whilst an official gear check will be carried out, the safety of rider's gear is ultimately the responsibility of the competitor and their parent / guardian.
- Please ensure you do the necessary DPI travel requirements and checks prior if leaving a tick property.
- **ORDER OF START:** Competitors will ride/compete in the order of the draw. A provisional draw will be emailed. Riders must be prepared to ride earlier if there are scratchings. Start times will be announced over the PA on the day of competition.

DISPUTES:

All complaints should be made to: - Technical Delegate. The complaint must be lodged in writing within 30 minutes and be accompanied by a fee of \$50.

RESERVATION OF RIGHTS: -

The Organisers reserve the right:

- (a) To cancel any class or event
- (b) To divide any class, or if less than 3 competitors combine classes.
- (c) To alter the advertised times
- (d) To refuse any entry, with or without stating the reason
- (e) To transfer competitors between sections of a class

BIOSECURITY AND RISK ASSESSMENT PLANS:

In the event of horse movement restrictions, each participant will be responsible for the care, maintenance, and cost of their horse/horses. Including and not limited to feeding and watering and vet cost for the time of the restriction. An up to date BIOSECURITY PLAN and RISK ASSESSMENT PLAN will be available at the Club House.

OTHER:

DISCLAIMER – Neither the Organising Committee, of any contest to which these rules apply, nor the PCQ or RPC, accept any liability for any accident, damage, injury or illness to horses, owners, riders, ground, spectators or any other person or property whatsoever.

CANTEEN AVAILABLE ON THE DAY